

10-12 APRIL 2026

TRAIL ROUTES

DAY ONE
21km / 12km

Starting from the race village you will be running on the gravel road, giving everyone a chance to spread out before you head up the famous "Crack". Then it's all about navigating around the escarpment, checking out waterfalls and amazing views. Another climb to the highest point known as the Kerkenberg Climb you will be descending some steep downhill stretches, down the Bushmans Bundu Bash. The last few kilometres is downhill all the way with beautiful views at Vulture Ridge, making your way to our last water table at the Farmhouse. Tiaan's "Single" Track will take you home for a cold beer and a hot shower

DAY TWO

14km Start batching @ 07:15 Day 2 of the trail running event kicks off as runners depart from the race village along a district road, providing an opportunity for runners to establish their dominance before entering the Buffalo Camp. Participants will make way through diverse landscapes, ascending the mountains towards the plateau. The ascent promises breathtaking views and a test of endurance as runners push themselves to reach the summit. From the plateau, it's time to unleash speed and agility as runners run the single track, descending towards the finish line.



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EVENT ITINERARY

15:00 - 20:00: Registration

Dinner 18:00:

19:00: **Day 1 Route Briefing**

06:00: **Breakfast**

07:15: Begin group batching

Start (10 minutes between each batch) 07:30:

11:00 - 15:30: Sip & Paint (Pre-book timeslot. Limited space)

12:30 - 15:00: Lunch

Sunset Drives (Vehicles will depart at different times) 13:00 - 17:00:

16:00 - 17:30: **Live Music** Dinner 18:00:

19:00:

Day 2 Briefing 19:30 - 20:00: **Live Music**

Live Entertainment 20:00:

06:00: **Breakfast**

Begin group batching 07:15:

Start (10 minutes between each batch) 07:30:

11:00: **Prizegiving + Early Lunch**



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PACKING LIST

RUNNER KIT LIST

Running T-shirt
Long-sleeve Top
Running Shorts
Running Pants
Lightweight Jacket
Trail Shoes
Underwear
Socks
Bandana
Beanie
Sunglasses
Sun Peak
GPS Watch
Heart Rate Strap
EM Numbers

HYDRATION

Water Bottle/
Bladder (optional)
day 1: 3 water tables
day 2: 2 water tables
Energy Bars
Energy Gels
Rehydrate Sachets
Race Drinks
Snacks

POST-RACE

Comfy Clothes
Windbreaker
Warm Long Pants
Underwear
Socks
Beanie + Scarf
Gloves
Closed Shoes
Slops
Pajamas
Toiletries

COMFORT

Sleeping Bag Pillow Warm Blanket Sheet Towel Camp Chair

MISC. ITEMS

Cash
Credit Card
Cellphone (I.C.E)
Sunscreen
Lip Balm
Insect Repellent
Torch/Headlamp
Earplugs
Spare Batteries
Marked Charging
Cables + Power Bank
(charging station
available)

- Evenings get very cold, warm clothing and bedding is essential!
- Please remember your torch/headlight! There is minimal lighting in the camp area at night.
- The area received lots of rain. Pack an extra pair of shoes or gumboots. It will make moving through the muddy areas in the Race village comfortable.
- Please note: the drinking water on the farm is bore hole water. Water will be for sale at the Van Reenen's Biltong stall and the Tugela Round Table Bar if you prefer not to drink tap water.

GETTING THERE

Buffalo Hills Private Game Reserve

Beauchef Farm Number 541, Harrismith, 9880, Free State

Coordinates:

-28.47312, 29.14417

EMERGENCY CONTACT DETAILS

RACE MEDIC

Stephen 082-459-0279